



Moultonborough Recreation Department

REC NEWS

Issue 42

March/April 2016

INFORMATION
Registration forms and payments for all of our trips, sports, programs & events **must** be dropped off to our office at:

10 Holland Street
or mailed to:
PO Box 411
Moultonborough NH 03254

There is a gray drop box outside the office, where registrations & payments can be placed at any time. It is checked daily. **Please do NOT send payments or forms to MCS with your child.** Thank you!

If you have questions or suggestions,
please call the office
476-8868 or
visit our website at:
www.moultonboroughnh.gov

Moultonborough
Recreation office
is located at:
10 Holland St.,
Moultonborough, NH
603/476-8868

Office hours:
Monday-Thursday:
8:00am - 4:00 pm
Friday: Hours vary
Please call ahead



Softball and T Ball



T Ball and Softball registrations are currently being accepted at MRD. Details are listed below.

If your child participated in soccer, volleyball or basketball this school year, please complete the "Short" registration form. If your child DID NOT play a sport this year, please complete the "Long" Youth Sport Registration & Consent form, as well as the Code of Conduct. All forms can be found on the Youth Sport page of our website.

Kindergarten T-Ball

This program is for boys and girls in Kindergarten.

Early Bird Registrations fee: \$30 by March 31
\$50 thru Thursday, April 7.

No T-Ball registrations will be accepted after April 7

Saturday mornings @ Playground Drive
9:00-9:45am Regular season: April 30-June 4

Instructional League Softball

Grades 1, 2 & 3

Early Bird Registrations fee: \$35 by March 31
\$50 thru Thursday April 7

No Softball registrations will be accepted after April 7

Clinics for 1,2,3 will be on April 9 & April 16, 9:00-10:15 am
at the Academy Gym or outside at Playground Drive
(weather dependent). Softball registrants are
strongly encouraged to attend clinics.

Regular season: April 30-June 4

Major League Softball

Grades 4, 5 & 6

Early Bird Registrations fee: \$35 by March 31
\$50 thru Thursday April 7

No Softball registrations will be accepted after April 7

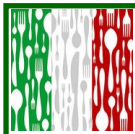
Clinics for 4,5,6 will be on April 9 & April 16, 10:15-11:30am
at the Academy Gym or outside at Playground Drive
(weather dependent). Softball registrants are
strongly encouraged to attend clinics.

Regular season: April 30-June 4

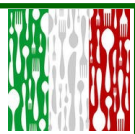
Granite State Track

Tuesdays & Thursdays beginning late May!

Look for more details next month!



Boston's North End
Little Italy Market tour
Tuesday, May 10
7:30am-6:00pm
\$83 per person



Join MRD on a 2 hour walking tour of Little Italy's vibrant ethnic community. It's like a cooking class on foot. We'll visit 6 stores and enjoy the authentic tastes, tantalizing aromas & colorful sights of this old world community. Sample breads, pastries, cured meats, cheeses and more! After the tour, there will be time to eat, shop and explore on your own. This trip requires lots of walking and time outdoors. Appropriate outerwear & comfortable shoes are highly recommended.

We will travel by coach bus with patrons of Belmont Parks & Recreation and will pick them up along the way.

Pre-registration is required. Call today! 476-8868

SAVE THE DATE!

March 3	Community Center Info Open House
March 5	Community Center Info Open House
March 10	Early Release Day activities: Grades 3-6
March 11	No School
March 12	Town Meeting Day
March 16	Boston Flower Show trip
March 24	Submittal deadline for poetry contest
March 31	Early Bird Softball/Tball registrations due
April 1	Pickleball Spring session begins
April 7	Softball/Tball registration deadline
April 9	Softball Clinics for grades 1-6
April 16	Softball Clinics for grades 1-6
April 26	Safe Sitter Training Class

March 8: Election Day at the Public Safety Building. Polls are open 7am-7pm

March 12: Town Meeting & Annual School Board Meeting at MA Auditorium beginning at 9:00am.

Article 2 addresses the building of a Community Center in Moultonborough. The Moultonborough Community Center would be located on land currently owned by the Moultonborough School District and the Town of Moultonborough (Taylor Property). The Community Center is designed to be a multi-generational facility offering a variety of activities, programs and opportunities to meet the social, recreational and educational needs of all Moultonborough citizens, both full time and seasonal. The proposed Community Center offers a wealth of endless possibilities and opportunities for the community for town wide events and community building activities. This will be voted on at the Annual Town Meeting on Saturday March 12, 2016. Because it is a bond issue, it will be a secret ballot vote and will require a 2/3 majority to pass. Have questions? Please contact our Recreation Director, Town Administrator or a Selectman. **Remember - your vote counts!**



Parent Teacher Conference Day is
an Early Release Day @ MCS
Thursday, March 10

Join MRD staff for some fun in the MCS gym.

12:15 - 3:15pm

Grades 3-6 \$5 per child

Pre-registration is required.
Space is limited. Call today!

Bring your sneakers!

Fun Activities, Card games, Board Games
Arts & Crafts

Outdoor activities if weather permits.



Health Tip:

Skip energy drinks when you're tired. Energy drinks contain up to five times more caffeine than coffee, but the boost they provide is fleeting and come with unpleasant side effects like nervousness, irritability, and rapid heartbeat. Energy drinks often contain high levels of taurine, a central nervous system stimulant, and upwards of 50 grams of sugar per can (that's 13 teaspoons!) The sweet stuff spikes blood sugar temporarily, only to crash soon after, leaving you sluggish and foggy-headed and reaching for another energy drink.

Safe Sitter® Class

Tuesday, April 26

9:00am-4:00pm @ Moultonborough Recreation Department
\$45 residents / \$50 Non residents

Safe Sitter® is a program for 11-16 year olds to learn life saving skills when home alone or watching younger children. Your instructors are MRD staff, certified by Safe Sitter®.

This informative all day class will prepare boys & girls to safely stay at home alone or while watching younger children. Learn about stranger danger, basic first aid and choking rescue for infants & children. Learn behavior management techniques, how to diaper an infant and how to communicate with the parents you babysit for.

Pre-registration is required. Call MRD for information!

